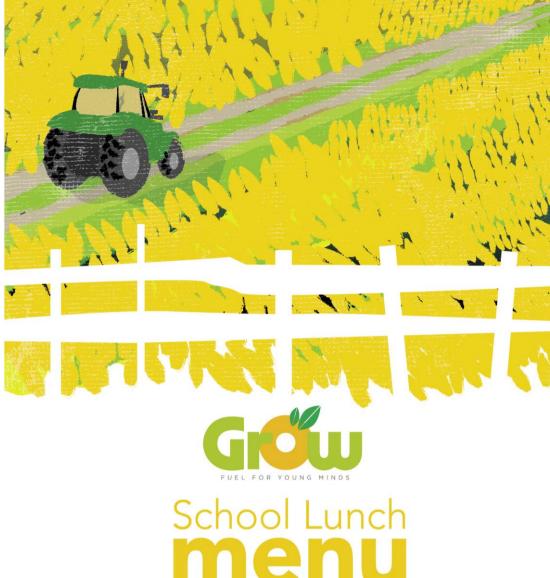


Week Three Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pork Pastry Sausage Roll with Jacket Wedges	Chicken & Tomato Pasta Bake	Roast Breast of Chicken with Roast Potatoes & Gravy	Ham Cheese & Tomato Pizza served with Diced Potato	Fish Fingers served with Chips
VEGETARIAN	Quorn & Tomato Pasta Bake	Cheese & Baked Bean Puff with Jacket Wedges	Quorn Fillet served with Roast Potatoes & Gravy	Cheese & Tomato Pizza served with Diced Potato	Vegetable Fingers with Chips
JACKET POTATO	Jacket Potato served with Grated Cheese or Baked Beans				
COLD DELI	Ham or Cheese Sandwich	Ham Cheese or Egg Mayonnaise Sandwich	Ham or Cheese Sandwich	Ham Cheese or Egg Mayonnaise Sandwich	Ham or Cheese Sandwich
DESSERTS	Vanilla Icecream	Pear & Chocolate Sponge with optional Custard	Oat Cookie	Shortbread	Fruity Friday

AVAILABLE DAILY: Seasonal Vegetables and a choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt and Fruit Jelly.



menu

Food for Life

Our Menu







Week One Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pasta Bolognese	Pork Sausage with Mashed Potato and Optional Gravv	Roast Breast of Chicken with Roast Potatoes & Gravy	Chicken Fajita with diced oven baked Potatoes	Battered Fish served with Chips
VEGETARIAN	Veggie Mince Bolognese	Quorn Sausage with Mashed Potato and Optional	Vegetable Enchillada served with Roast Potatoes	Macaroni Cheese	Vegetable Fingers served with Chips
JACKET POTATO	Jacket Potato served with Grated Cheese or Baked Beans	Gravv Jacket Potato served with Grated Cheese or Baked Beans	Jacket Potato served with Grated Cheese or Baked Beans	Jacket Potato served with Grated Cheese or Baked Beans	Jacket Potato served with Grated Cheese or Baked Beans
COLD DELI	Ham or Cheese Sandwich	Ham Cheese or Egg Mayonnaise Sandwich	Ham or Cheese Sandwich	Ham Cheese or Egg Mayonnaise Sandwich	Ham or Cheese Sandwich
DESSERTS	Chocolate Cookie	Shortbread with Apple Slice	Vanilla Icecream	Iced Sponge	Fruity Friday

AVAILABLE DAILY: Seasonal Vegetables and a choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt and Fruit Jelly



Week Two Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef Burger in a Bap with Homemade Jacket Wedges	Mild Chicken Curry served with Fluffy Rice	Roast Turkey with Roast Potatoes & Gravy	Beef Lasagne served with Baguette Slice	Fishcake served with Chips
VEGETARIAN	Quorn Burger in a Bap with Homemade Jacket Wedges	Macaroni Cheese	Roast Quorn Fillet served with Roast Potatoes & Gravy	Cheese & Tomato Pizza with Oven Baked Jacket Wedges	Vegetarian Sausage Roll served with Chips
JACKET POTATO	Jacket Potato served with Grated Cheese or Baked Beans				
COLD DELI	Ham or Cheese Sandwich	Ham Cheese or Egg Mayonnaise Sandwich	Ham or Cheese Sandwich	Ham Cheese or Egg Mayonnaise Sandwich	Ham or Cheese Sandwich
DESSERTS	Flapjack with Fruit Slice	Strawberry Icecream	Shortbread	Iced Chocolate Sponge	Fruity Friday

AVAILABLE DAILY: Seasonal Vegetables and a choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt and Fruit Jelly