

ONLINE FOOD ALLERGEN & INTOLERANCE FORM

At Caterlink the safety of our pupils is our number one priority, and we take catering for customers with food allergies and intolerances very seriously.

The below information details how to complete our online form for pupils who require a special diet menu due to allergens, intolerances or medical conditions.

STEP 1 You can request a special diet menu by completing our online Allergy & Intolerance Form – [CTL – Food Allergy & Intolerance Form V2](#)

This needs to be submitted with supporting medical evidence from an NHS professional (a GP/consultant or registered dietitian). This can be a letter, copy of medical notes, an Allergy Action Plan signed by a medical professional or a screenshot from the NHS app. Medical evidence is an industry-wide requirement, recommended by the Lead Association for Catering in Education (LACA).

Please ensure that when you enter the school name that the unit number and postcode listed are correct for your school.

STEP 2 Whilst waiting to see if a special diet menu has been approved any children with food allergies or intolerances can be provided with a ‘safe meal’ – jacket potato with baked beans, vegetables and fresh fruit salad (if suitable for the pupil’s allergies).

If you would like your child to have a ‘safe meal’ please let your school know.

STEP 3 The Caterlink team will review the request and check that it is safe to cater for using the LACA Special Diet Risk Analysis Process for Caterers where required. The risk analysis looks at the pupil’s requirements, the medical evidence, the capability of the kitchen facilities and the school environment to determine if the request is low, medium or high risk.

STEP 4 If deemed safe to cater for by our Caterlink nutrition team will then develop the special diet menu, with at least one suitable meal option daily. This can take up to four weeks from receiving all of the information required.

Should your child’s allergies or intolerances change, you should request the link from the school and choose ‘Updated Request’.

If your child has become allergic or intolerant to additional foods, please ring the school immediately and request a safe meal.

