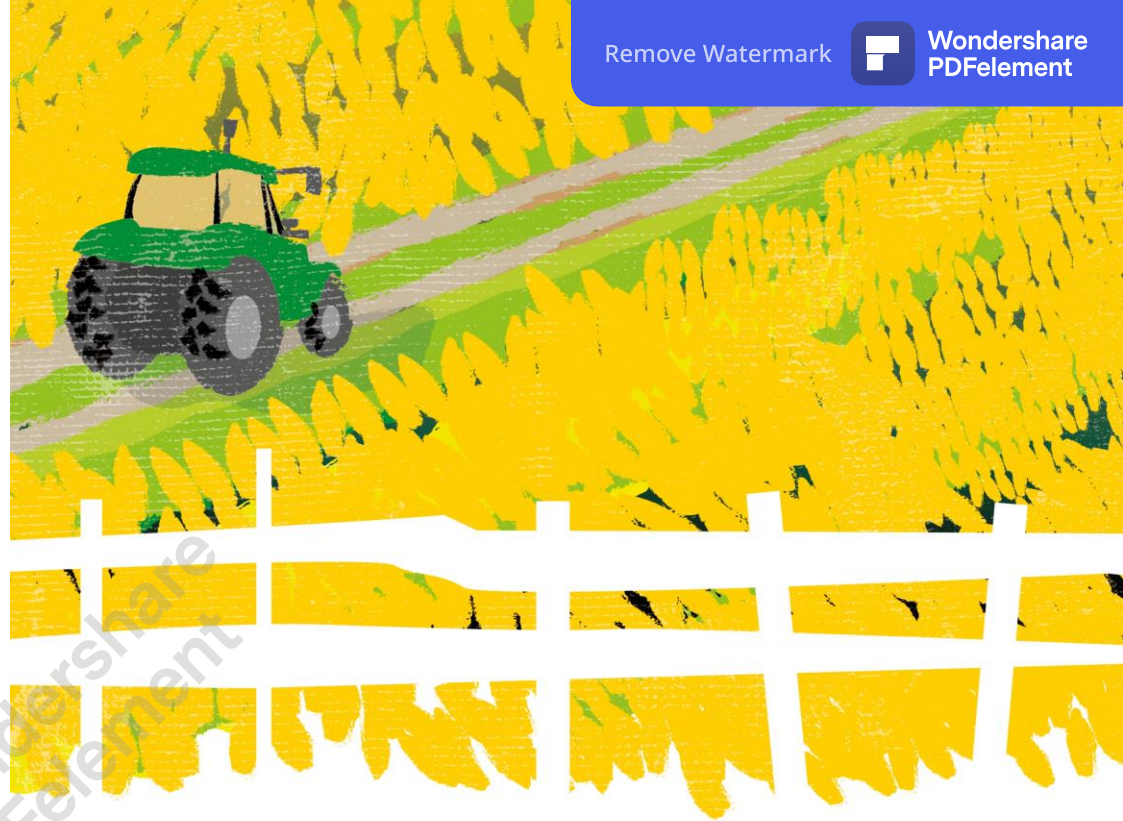


## Week Three Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Cowboy Hotpot	Pasta with Chicken and a Cheese Sauce Topping	Roast Gammon, Roast Potatoes & Gravy	Cheese Tomato & Ham Pizza	Fish Fingers With Chips
<b>VEGETARIAN</b>	Vegetarian Cowboy Hotpot (v)	Macaroni Cheese (v)	Roast Quorn Fillet, Roast Potatoes & Gravy (v)	Cheese and Tomato Pinwheel (v)	Vegan Sausage Roll (v)
<b>JACKET POTATO</b>	Jacket Potato With Baked Beans Or Cheese	Jacket Potato With Baked Beans Or Cheese	Jacket Potato With Baked Beans Or Cheese	Jacket Potato With Baked Beans Or Cheese	Jacket Potato With Baked Beans Or Cheese
<b>SIDE DISH</b>	Mashed Potato  Seasonal Vegetables	Garlic Bread  Seasonal Vegetables	Roast Potatoes  Seasonal Vegetables	Dry Roasted Potato Wedges  Seasonal Vegetables	Chips  Baked Beans  Garden Peas
<b>DESSERTS</b>	Strawberry Ice Cream	Lemon Sponge With Custard	Flapjack	Chocolate Brownie	Fruity Friday

Available Daily –, Wholemeal Bread, Salad Bar, Yoghurt, Fruit, Jelly Pot Ham or Cheese Baguettes Tuesday and Thursday only



# School Lunch menu

### Food for Life

With this menu we continue with our achievement of Food for Life menu which briefly means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients, including free-range, organic and MSC certified fish.

For more information on the award please visit [foodforlife.org.uk/schools](http://foodforlife.org.uk/schools)

### Our Menu

Our menus meet or exceed government food standards for school meals. Do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British HMC certified assured meat. Are nut free.





## Week One Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Langfords Pork Sausages	Chicken & Sweetcorn Pasta Bake	Roast Turkey, Roast Potatoes & Gravy	Cottage Pie	Fish Fingers With Chips
VEGETARIAN	Quorn Cumberland Sausages (v)	Macaroni Cheese (v)	Roast Quorn Fillet, Roast Potatoes & Gravy (v)	Vegetarian Mince Cottage Pie (v)	Cheese And Potato Pie (v)
JACKET POTATO	Jacket Potato With Baked Beans Or Cheese	Jacket Potato With Baked Beans Or Cheese	Jacket Potato With Baked Beans Or Cheese	Jacket Potato With Baked Beans Or Cheese	Jacket Potato With Baked Beans Or Cheese
SIDE DISH	Creamy Mashed Potato Seasonal Vegetables	Warm Baguette Slice Seasonal Vegetables	Roast Potatoes Seasonal Vegetables	Warm Baguette Slice Seasonal Vegetables	Chips Baked Beans Or Garden Peas
DESSERTS	Shortbread	Lemon Sponge With Custard	Vanilla Ice – Cream With Peach Slices	Chocolate Sponge With Custard	Fruity Friday

Available Daily – , Wholemeal Bread, Salad Bar, Yoghurt, Fruit, Jelly Pot Ham or Cheese Baguettes Tuesday and Thursday only



## Week Two Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pasta with Sausages in a Tomato Sauce	Creamy Chicken And Sweetcorn	Roast Chicken, Roast Potatoes & Gravy	Mild Beef Chilli Con Carne	Fish Fingers With Chips
VEGETARIAN	Pasta with Quorn Balls in a Tomato Sauce (v)	Cheese and Baked Bean Puff (v)	Roast Quorn Fillet, Roast Potatoes & Gravy (v)	Mild Vegetarian Mince Chilli (v)	Cheese & Tomato Pizza (v)
JACKET POTATO	Jacket Potato With Baked Beans Or Cheese	Jacket Potato With Baked Beans Or Cheese	Jacket Potato With Baked Beans Or Cheese	Jacket Potato With Baked Beans Or Cheese	Jacket Potato With Baked Beans Or Cheese
SIDE DISH	Warm Baguette Slice Seasonal Vegetables	Potato Wedges Seasonal Vegetables	Roast Potatoes Seasonal Vegetables	Fluffy Rice Seasonal Vegetables	Chips Baked Beans Or Garden Peas
DESSERTS	Banana Cake With Custard	Apple Crumble With Custard	Sultana & Oat Cookie	Chocolate Cookie	Fruity Friday

Available Daily – Wholemeal Bread, Salad Bar, Yoghurt, Fruit, Jelly Pot Ham or Cheese Baguettes Tuesday and Thursday only