

Barrs Court Primary School



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Headteacher: Daniel Webster

Tuesday 4th June 2024

Dear Parents/Carers,

I am writing to inform you that in PSHE this term across the school we will be covering a number of topics which can sometimes lead to children having extra questions at home for you. These themes are **always taught in an age-appropriate manner** in different classes of the school. They cover the following ideas:

- Children's bodies and their rights to consent to appropriate touching and how to say no.
- How to stay fit and healthy.
- Bedtime routines and the importance of sleep.
- Illnesses.
- Drug education (Year 5&6)
- Making good choices.

If you wish to see more of the teaching materials we use for these lessons, please book an appointment to see your class teacher in the first instance.

Thank you.

Mr R. Walker (PSHE Lead)