

Barrs Court Primary School



Stephens Drive
Barrs Court
Bristol
BS30 7JB
Tel: 01454 867799
email: Enquiries@barrscourtps.org.uk
www.barrscourtprimaryschool.co.uk
Facebook: [@barrscourtps](https://www.facebook.com/barrscourtps)
Headteacher: **Daniel Webster**

Dear Parent/Carer

The past two years have been incredibly challenging for everyone and this has seen a rise in children struggling with their mental health. Because of this, it's important we make time to talk about how we're feeling and that we also ask others if they're OK. At this time, support for children's mental health is more important than ever and as parents and carers, you play an important role in your child's mental health.

If you think that your child is struggling with their mental health or has become more anxious recently, the Local Authority is running the following courses and are planning to run more course on the future.

Children and Young People Mental Health Awareness – Parents Session

Friday 17 June (10.00 – 11.30) - View Details | South Gloucestershire CPD Online
(southglos.gov.uk)

Tuesday 6 December (19.30-21.00) - View Details | South Gloucestershire CPD Online
(southglos.gov.uk)

To book a place go to www.southglos.gov.uk. If you struggle to book online email publichealthtraining@southglos.gov.uk to book a place.

Regards

Daniel Webster

Headteacher

Barrs Court Primary School



Artsmark
Silver Award
Awarded by Arts
Council England

